**Book Description**

In *Aging Done Smart*,a social services administrator and an attorney examine all the issues many people want to avoid: estate planning, wills and trusts, senor living arrangements, caregiving and hospice care, grief and bereavement, and the death of a loved one.

Nicole D. Carr and Glenn L. Spitzer tackle these subjects head on and give the reader an objective, informed analysis of what needs to be done and which pitfalls to avoid. Some of the material may not be pleasant, but it’s necessary. Americans are living longer, overpopulation is placing an undue strain on the existing eldercare facilities, and the cost of aging is skyrocketing. 50 percent of the seventy-four million baby boomers have parents eighty or older, and 42 percent of them haven’t discussed these issues with their loved ones.

This book provides a complete guide to navigating all the legal, practical, and emotional pitfalls of caring for a Senior. The tone may be lighthearted in spots, but the information is vital. By following the advice given here, you can avoid placing your loved ones in potentially dangerous circumstances while making their end-of-life care as pleasant as possible.